

Weights and Measures

dash = less than $\frac{1}{8}$ teaspoon

3 teaspoons = 1 tablespoon

2 tablespoons = $\frac{1}{8}$ cup

4 tablespoons = $\frac{1}{4}$ cup

5 $\frac{1}{3}$ tablespoons = $\frac{1}{3}$ cup

8 tablespoons = $\frac{1}{2}$ cup

10 $\frac{2}{3}$ tablespoons = $\frac{2}{3}$ cup

12 tablespoons = $\frac{3}{4}$ cup

16 tablespoons = 1 cup

1 kilogram = 2.2 pounds

28.3 grams = 1 ounce

16 ounces = 1 pound

1 cup = 8 fluid ounces

1 cup = $\frac{1}{2}$ pint

2 cups = 1 pint

4 cups = 1 quart

4 quarts = 1 gallon

8 quarts = 1 peck

4 pecks = 1 bushel

1 liter = 2.1 pints

